



THE CANYON OF THE MGOUN

Summer

- 1** This is the day in which you will arrive to the Kasbah.
Lodging: Kasbah Itran.
Meals: dinner.
- 2** In the morning crossing by 4X4 the Valley of the Roses to the mountain village of Ameskar (3 h.). Here begun the trekking until the village of TRAGHERFT (3 h. walking).
Lodging: Gite d'etap.
Meals: All meals.
- 3** We will enter the imposing canyon of the Mgoun for a completely aquatic day. We will be able to enjoy special places and bathe in sites that you will never forget. We will set up camp in Ifasfas (1867 meters), a beautiful place within the canyon inhabited by a single family and their flock of goats.
Lodging: Tents.
Meals: All meals.
- 4** We continue descending by the Mgoun river until the village of Aguerzakka (1750 meters) where transport will be waiting for us to transfer to us to Kasbah Itran in the Kelaa Mgouna.
Lodging: Kasbah Itran.Meals: All meals.

USEFUL INFORMATION

► COMPULSORY MATERIAL

- VALID PASSPORT
- WATER PURIFYING TABLETS
- HIKING BOOTS
- SHOES FOR WALKING IN THE RIVER
- SLEEPING BAG
- HAT, SUNSCREEN AND LIP BALM
- WARM CLOTHING

► RECOMMENDED:

- SMALL _RST AID KIT
- HEADLAMP OR TORCH AND SPARE BATTERY

► EQUIPMENT

SHOULD BE REDUCED TO A MINIMUM AND SPLIT UP AS FOLLOWS:

BACKPACK OR LARGE BAG: TO BE CARRIED BY MULES ON THE TREKKING DAYS. IT WILL CONTAIN OUR HIKING MATERIAL, SLEEPING BAG, ETC.

+ DAY PACK: CARRIED BY EACH PERSON ON THE JOURNEY AND THE TREKKING ROUTES, FOR DOCUMENTS AND VALID PASSPORT.

HIKING BOOTS: Wear them on the plane to make sure they arrive even if the baggage is misplaced

MONEY: The Moroccan currency is the Dirham (1Dh= 0,10 euros).

RENSEIGNEMENTS PRATIQUES

► TREKKING LEVELS:

YOU DO NOT HAVE TO BE AN EXPERT MOUNTAINEER, MOST IMPORTANTLY, HAVE A WILLING SPIRIT. WE USE MULES TO CARRY THE MATERIAL, WHILE TREKKERS WALK FOR 5 TO 6 HOURS A DAY, WITH A BREAK AT MIDDAY FOR LUNCH. LOCAL GUIDES AND CHEFS ACCOMPANY US ON THE TREK.

► COST PER PERSON:

FOR A GROUP OF:
2 PAX: 355,00 EUROS/PAX
3 PAX: 295,00 EUROS/PAX
4 PAX: 265,00 EUROS/PAX
THE PRICE INCLUDES ALL VEHICLE TRANSFERS AND MEALS AS SET OUT IN THE PROGRAMME, A LOCAL GUIDE AND ALL MATERIAL REQUIRED FOR THE TREK (CHEF, MULES, FOOD, ACCOMMODATION, ETC.), 2 NIGHTS IN KASBAH ITRAN.
THE PRICE DOES NOT INCLUDE BOTTLE WATER AND TRANSFER FROM/TO MARRAKECH.

